

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BELIEF - YES I CAN!!!!			WARRIOR CAMP July 10-14 10AM-4AM			1 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing 11:30- LEADERSHIP
2 10:30AM All Ages Kickboxing	3 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	4 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	5 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	6 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	7 5:00 Demo 6:00 Gum Do Basics 7:00 Point sparring 8:00 Defence Lab	8 8:00 Adv Krav 9:00 Krav Maga 10:00 AM FREE Bootcamp
9 10:30AM All Ages Kickboxing 12:00 LEADERSHIP	10 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	11 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	12 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	13 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	14 5:00 Demo 6:00 BBC 7-8:30- Fall Clinic	15 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing
16 9:00- HR Work out 10:30AM All Ages Kickboxing 12:00-3:00 LEGACY	17 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	18 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	19 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	20 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	21 5:00 Demo 6:00 Combat Weapon 7:00 Krav Seminar	22 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing
23/30 10:30AM All Ages Kickboxing 23rd- 12:00 LEADERSHIP	24/31 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	25 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	26 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	27 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	28 6:00 Skills-Form 7:00 Sparring	29 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing

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